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Certified Nurse Midwife Remains With Mother During Entire Birthing

Editor's Note: In the final account of a talk given by Dr. Barbara Vance, a BYU professor and Ph.D. graduate of Stanford University, alternative birthing methods are presented:

BY RENEE C. NELSON
Herald Women's Editor

There are several alternatives open to women who give birth.

In a talk to the Women's Division of the Provo Chamber of Commerce, Barbara Vance explained what they were.

The hospital labor and delivery suite is the most popular location for giving birth. The birthing room, also located in the hospital, is gaining in popularity. And about one to five percent of Utah births occur at home. (Absolute numbers are difficult since some of these births — such as those on Indian reservations — go unreported.)

Delivery Suite

The labor and delivery suite has its advantages. It is sterile, with all kinds of fetal monitoring equipment. Women usually must acquiesce to the doctor's wish, however, regarding anesthesia — since most women don't want pain.

There is also a high percentage of episiotomies (cutting) in hospitals, and 30 to 40 percent caesareans in many hospital settings.

"It is often a rushed experience," Vance said, "with the doctor hurrying in at the last moment. The delivery may be one of several for him that day, and the mother may not even have the doctor she wants."

For many years the husband

could not be present; now he can.

The post birth ritual: weight, taking baby from mother, wrist band, blood tests, sugar water — all these are done by someone else who determines the baby's feeding and bathing schedule.

"The mother usually is attended by an M.D. though a CNM (certified nurse midwife) occasionally cares for her," emphasized the speaker. "Mothers usually stay from 3 to 5 days and

humanistic and the stay is normally shorter.

The birth is usually attended by an M.D. "Sometimes a certified nurse midwife attends at the mother's request," Vance noted, "though an M.D. is available if the necessity arises."

Those who select this type of delivery must attend childbirth classes.

The birthing room is one of the latest innovations in delivery and maternity care. However,

roundings.

"Children — siblings may be present if the parents desire — or anyone else, for that matter," said Vance.

There is seldom an episiotomy or anesthetic.

The experience is not rushed; the attendant remains with mother and baby.

"And the baby can stay with the mother as long as desired. Rituals are related to the family's wishes."

M.D.s and CNMs are currently prevented by law and by custom from attending a home birth.

and the normal cost is anywhere from \$1500 to \$2000, which also covers prenatal care."

Birthing Room

The birthing room is homelike — a bedroom atmosphere, sterile but attractive.

Husband and wife and birth attendant (certified nurse midwife if desired) are ordinarily the only ones attending the birth, though they may invite others. "The father can deliver if it is acceptable to the birth attendant," said Vance.

In the birthing room the woman must be low-risk. Anesthesia is not as common as in the delivery suite and there is a lower rate of episiotomy (cutting).

"The woman can choose her labor position, explained the speaker, "even squatting."

The post-birth ritual is more

both the birthing room and delivery suite are set up to handle possible complications of birth, which occur in about one in 20 live births.

"The hospital environment makes intervention convenient — and even at times requires it," Dr. Vance explained. "And insurance companies offer financial incentives by paying more for operative procedures."

Home Births

M.D.s and CNMs are currently prevented by law and by custom from attending a home birth.

The father or a lay midwife usually delivers and attends the mother and baby at home. (There are approximately 250 lay midwives on the Wasatch Front.)

Home births are becoming more common, with the advantage being the familiar sur-

Professor Vance recommends the free-standing birthing center as an ideal setting for care of mother and baby — a center that does not put the emphasis on disease and cure, as a regular hospital does.

"Ideally it would be run by CNMs with M.D.s on the staff to handle complications or high risk emergencies," she said.

Home birth could be a possibility in association with the free-standing birthing clinic, providing there were enough CNMs available to attend the birth, and emergency equipment, personnel and transport services to deal with complications. This could be a "baby buggy" operation such as that now in use in some parts of Arizona. These are vans — similar to those used by local paramedics — which contain emergency equipment and provide emergency transport to the free-standing birthing clinic.

"We can and should put the emphasis on birthing as a natural function," she said.

7 to 9 at 546 N. 100 W., Orem.
 Open house in Tracy will be on
 13.
 dal attendants will be Shauna
 , Julie Cox, Pam Cox and
 sa Hungerford.
 n Mongold will attend the
 egroom.

pecial guests will be grandpar-
 of the bride, Mr. and Mrs. Tom
 din of Orem and Mr. and Mrs.
 Rasmussen of Provo; and
 dparents of the bridegroom,
 and Mrs. Arthur L. Anderson of
 ornia.

renuptial party was given by
 sa Hungerford and Geneva
 din.

the bride-to-be is a graduate of
 tain View High School and
 Seminary.

er fiancée is a graduate of BYU



**Richard Peter Anderson
 Joyce Ann Cox**

with a B.S. degree in chemistry. He
 served an LDS mission in Puerto
 Rico.

The couple will live in California.

Kay, Johnson Ceremony

alerie N. Kay, daughter of Mr.
 Mrs. Richard C. Kay, Olympia,
 h., will marry Gregg W. John-
 son of Arline Dyer Johnson,
 m, and Wallace Keith Johnson,
 Lake City, on Friday in the
 vo LDS Temple.

wedding luncheon at Chuck-a-
 na in Orem will follow.

reception at the Orem First
 d church will be on Saturday
 ning. A reception in Lacey,
 h., will be on Nov. 26. The
 at is open to all friends and
 tives.

ridal attendants will be Vicki
 , sister-in-law, as matron of
 or; sisters-in-law Jody Stewart,
 bara Johnson and Patty John-
 and Christy Carter as brides-
 ds; and Chrissy Kay, niece, as
 ver girl.

est men will be Steve Olsen,
 t Downs, Joel Littleford and
 ve Anderson.

pecial guests will be grandpar-
 of the bride, Mr. and Mrs. J.
 ol Hicken, Heber City, and Mrs.
 a Horton, Payson.

renuptial parties were given by
 ily and friends.

he bride-elect attended BYU for
 e years majoring in special



**Valerie N. Kay
 Gregg W. Johnson**

education. She is now employed at
 BYU.

Her fiancée is majoring in radiol-
 ogy at Utah Technical College. He
 served an LDS mission in Rapid
 City, S. D.

The couple will live in Orem.

in the Jordan River LDS Temple. A
 reception will honor them that eve-
 ning at the Bungalow, 235 S. 100 W.,
 Pleasant Grove, from 6 to 9 p.m.
 The reception is open to all friends
 and relatives.

Attending the bride will be Renee
 Jorgensen, her sister, Brenda Jor-
 gensen, her sister-in-law, and Cyn-
 thia and Chris Richards, sisters of
 the bridegroom. Flower girls will
 be Mellissa and Katie Richards,
 sisters of the bridegroom.

Scott Richards, cousin of the
 bridegroom, will be the best man.
 Scott and Stuart Jorgensen, broth-
 ers of the bride, and Jeff Eliason,
 Steve Larsen and Matt Murdock
 will usher.

Special guests will be grandpar-
 ents of the couple, Mr. and Mrs.
 Hugo D. Jorgensen, Rigby, Ida.;
 Mr. and Mrs. Otto Millward, Poca-
 tello, Ida.; Mrs. Harry S. Richards,
 Pleasant Grove; and Mr. and Mrs.
 Grant Ingersoll, American Fork.

Pre-nuptial parties were given by
 Molly Dean and Melissa Maxfield;
 and Jan Davies and Gean Ingersoll.

The bride-to-be is a graduate of
 American Fork High School, LDS



**D. Joel Richards
 Gayer Lynne Jorgensen**

Seminary and Evans Hair Styling
 College in Provo. She earned her
 instructor's license and is currently
 employed in Orem.

Her fiancée is a graduate of Amer-
 ican Fork High School and LDS
 Seminary. He served an LDS mis-
 sion in the Italy, Catania Mission
 and now attends BYU and works in
 Lehi.

The couple will live in American
 Fork.

Chipman Event Nov. 13

The children of Harris and Vir-
 ginia Chipman will honor their



Mr. and Mrs. Harris Chipman

parents at an open house on the
 occasion of their 50th wedding an-
 niversay. The event will be at the
 Bungalow, 235 S. 100 W., Pleasant
 Grove, on Nov. 13. It is open to
 friends and relatives from 6 to 8
 p.m. They request no gifts.

The Chipmans have lived in
 Pleasant Grove their entire lives.
 Mr. Chipman was a truck driver
 and is now retired from his own
 business.

The couple have 12 children, Vern
 Chipman, Bruce Chipman, Steve
 Chipman, Jim Chipman, Kent Chip-
 man, Val Chipman and Mrs. Steven
 (Gina) Thompson, all of Pleasant
 Grove; Hazel Dawn Belliston,
 Sandy; Mrs. Raymond (Marcia
 Ann) Smith and Mrs. Tony
 (Jeanne) Evans, both of Lehi; Jer-
 ald Chipman, Arizona; and Mark
 Chipman, St. George. They have 33
 grandchildren and seven great-
 grandchildren.